

ALEXANDRIA PARK COMMUNITY SCHOOL

Park Road Alexandria 2015

phone +61 2 9698 1967

email alexparkcs-c.school@det.nsw.edu.au

web www.alexparkcs-c.schools.nsw.edu.au



(date)

Dear Parents and Carers,

The Getting on Track in Time (*Got It!* Program) is an early intervention program for families of students in Kindergarten to Year Two. It is aimed at developing children's social and emotional wellbeing, and supporting them to manage their emotions and behaviours, both at home at school and home.

To find out more about the *Got It!* program, watch this short video: <https://www.youtube.com/watch?v=dphTbRyX5Kk>

QUESTIONNAIRE ABOUT YOUR CHILD

Please complete the attached blue parent questionnaire.

Please return all forms to your child's classroom teacher by **WEDNESDAY 26th APRIL 2023.**

If you do not wish to complete the questionnaire, please indicate this on the form below and return it to the school.

Your child's teacher will also complete a matching questionnaire about your child. The information will assist us to:

- ❖ Provide feedback to your school on the social, emotional and behavioural development of your child.
- ❖ Identify children that may benefit from further support.
- ❖ Identify 8 families that may benefit from a parent and child group program aimed at reducing emotional and behavioural challenges, which will be conducted at the school.

The *Got It!* team will contact eligible families in Term 2 to discuss inclusion in the small therapy group program at Alexandria Community Park School in Term 3.

Please place the blue questionnaire in the envelope provided, with your child's name at the front.

Families will be notified after the screening process is completed. The school counsellor will confidentially store the questionnaire data for your school.

FREE PARENT SEMINARS

Got It! will also be hosting FREE parent seminars on Emotion Coaching at APC.

Room location will appear in the School Newsletter in Week 6.

THURSDAY 16th MARCH 9:15-10:15am and **THURSDAY 4th MAY 4 -5pm**

CONTACT DETAILS

If you need help to complete this form, please contact Belinda Sleeman on 9747 3514.

If you have any questions please call the *Got It!* team on 9767 3111.

Yours Sincerely,

Debra Lade
Relieving Principal

Elaine Li
Got It! Team Leader



Parent permission slip- 'Got-it' questionnaires

Please return by Wednesday 26th April

- ☐ I **give** consent for the *Got It!* team to receive the parent and teacher questionnaires for the above purposes.
- ☐ I **do not** give consent for the *Got It!* team to receive these questionnaires.

Child's name: _____

Class and Teacher: _____

Parent/Carer name: _____

Contact number: _____

Signature: _____

Date: ____/____/____

- ☐ I am very interested in being considered for the small *Got It!* Parent-child group program