

NEWSLETTER

Alexandria
Park
Community
School is on
Gadigal
Land

Term 3 August 2020

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PRINCIPAL REPORT

Update guidelines re COVID restrictions

Thank you, parents, carers, students and staff who worked together to implement the recently updated guidelines, set out by the Department of Education. The restrictions we face are designed to keep us safe. Some of the restrictions cause disappointment and inconvenience but they are small measures we all can take to keep everyone safe. These stricter guidelines are in place to ensure that students and staff at APCS are protected. Parents/Carers and other non-essential visitors are not allowed on the school site. Students or staff who are unwell, even with the mildest symptoms **MUST NOT COME TO SCHOOL**.

Symptoms of COVID - 19 include cough, sore throat, shortness of breath (difficulty breathing) loss of smell and loss of taste. Other reported symptoms of COVID-19 include fatigue, runny nose, muscle pain, joint pain, headache, diarrhoea, nausea/vomiting and loss of appetite. Students and staff with such symptoms need to get tested and provide the school with a copy of the negative test results before returning to school. NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID19 clinics which can be found here: <https://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics>.

So proud of Mrs Fatouros

Andrea Fatouros, teacher of History, Geography, Commerce and Business Studies and the High School coordinator of the PBL team (positive behaviour for learning) has been identified as one of the NSW Public Schools' top performing teachers of HSC course Business Studies. She has been invited to enter an EOI process to join the "HSC Strategy". This strategy provides a routine of high quality, systemic support to teachers, students, schools and parents/carers to lift HSC performance across the state. This strategy, based on the 1999 research "Successful teaching in the HSC", looks at high candidature courses and identifies those teachers who consistently get high band results regardless of a student's postcode or school's socio-economic status and teams them to develop and embed a targeted program of professional learning across NSW for teachers. A great achievement for Andrea and for Alex Park. Good luck Andrea in the EOI process.

Year 12 and the HSC

Our year 12 students have shown such resilience and commitment with their final year of schooling being interrupted by the corona virus restrictions. Despite the interruptions, our year 12 students and teachers have stayed the course, working hard to complete course studies, presentations and project work. Many year 12 students stay back after school to take advantage of the school's resources such as their teachers, the Wi-Fi, the senior study and classrooms. Year 12 have just completed their trial HSC examinations. Their teachers are now diligently working to assess and judge each script to provide feedback to each student on what they have done well and how they can do better in preparation for the HSC exams. Year 12 students will sit their HSC examinations in Pop-up 1. Our year 12 students have been using these rooms for the past 3 years for classes and

examinations and are comfortable with the set up and routines. The Buckland Street office will be staffed to support the students and the HSC examination Presiding Officers. The HSC exams commence Tuesday 20 October, 2020.



Check in assessments

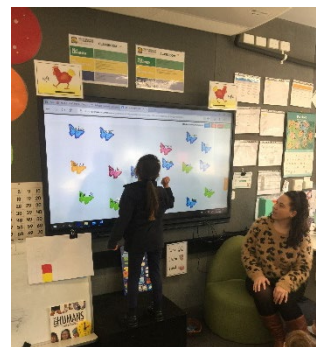
Students in Years 3, 5 and 9 have been participating in an online reading and numeracy assessment. The check-in assessments are designed to supplement existing practices to identify how students are performing in literacy and numeracy, and to help teachers tailor their teaching more specifically to student needs. Feedback from the check-in assessments, including links to teaching strategies, will help teachers to map students' skills to the learning progressions and collaboratively plan for on-going improvement.

Athletics carnivals

Loving the work of the primary and secondary sport organisers and their teams. The athletics carnival is such a great annual event at Alex Park so it is super terrific that we can still hold these sporting events. Many weeks of work go into the planning, organisation and implementation of a sports event like the athletics carnival. They really bring together our students and staff in a fun-filled outdoor physically active event. So, thank you sport organisers (K-2) Tim Schepis and (3-6) Jacob Ansell, and (7 – 12) Connie Rossides.

Kindy classrooms

How great it is to visit our Kindy classes. I am always uplifted and inspired by the students and the teachers. Each time I visit I am so impressed with the hands on inclusive personalised activities that the students engage in as part of their morning routine. What a great way to start the day.



Thank you Oz Harvest

Aunty Leanne Turner was recently interviewed by The Project (Channel 10). Aunty Lee was asked by Oz Harvest to take part in a piece that The Project is doing on 6 year old Lennox Wade who started Snacktember...See this link

<https://www.theleader.com.au/story/6349143/a-little-goes-a-long-way-for-lennox/>

Aunty Leanne did an awesome job talking about the Ozharvest program at Alex Park and Congratulated and thanked Lennox for her inspiring initiative of Snacktember.



Aunty Lee started to talk about our own Mr Bowman and his "Mullet For Mental Health" September initiative but apparently they had to stop the interview for an add break.

So.....Here is the link to Mr Bowman's initiative.

<https://www.teamblackdog.org.au/fundraisers/matthewbowman>

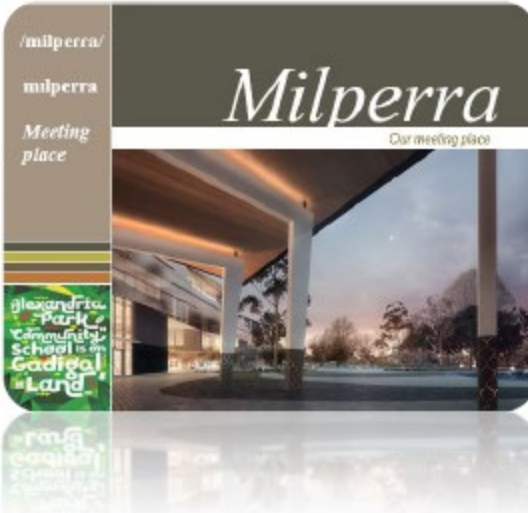


As Mr Bowman says himself.....Please contribute if you can but of course it is not the contribution but the conversation that counts.

APCS On the Move

Important Locations in Alexandria Park Community School

<i>Gomberee Language Name</i>	<i>Concept</i>	<i>Place and Location</i>
Bunin	Welcome	School Administration Office - Ground Floor
Burra Gorang	Firm ground	Central Courtyard Play Area
Crua	To be cooking	The Canteen in the Warrettah Building Ground Floor
Dun Goola	Rain Garden	Adjacent to Milperra
Eorawago	For the people	APCS Community Centre
Jenla	Let us help	School Office Building Level 1 Staff Hubs
Maani	Hunting/gathering	The agriculture plot - School Office Building Rooftop
Milperra	Meeting place	Main School Entrance- Park Road
Oraywa	Play in the clouds	Poculbee Building -Rooftop Play Area
Yakka Taka	Learning /working together	The student services centre including the Library Warrettah Building-Levels 1 & 2
Yarramundi	Story Telling	Courtyard amphitheatre between Wautangal and Poculbee Buildings
Warrettah	Waratah	High School Learning Spaces
Poculbee	Purple Iris	Primary School Learning Spaces
Wautangal	Banksia	Primary and Secondary Learning Spaces
Mujmoonah	Red Gum	High School Learning Spaces – Phase 2 2022



SCHOOL CALENDAR

Date	What's Happening
Friday ,28 th August	Wear It Purple Day
Tuesday, 1 st September	Year 5 reading and numeracy 'check in assessment'
Thursday, 3 rd September	Executive interviews with year 10 students re their subject sections for the HSC
Monday, 7 th September	Year 11 exams commence
Monday, 7 th September	P&C Meeting – via Zoom at 6:30PM
Tuesday, 8 th September	RUOK? Day
Thursday, 10 th September	Stage 3 Debating Incursion
Tuesday, September 22 nd	Year 7 Vaccinations
Friday, 25 th September	Last Day of term for K-12
Monday, 12th October	Staff Development Day – No school for students K-12
Tuesday, 13th October	First Day of Term 4 for K-12 in our new school!
Tuesday, 20 th October	Book Week dress up day– K-6



Book Week 2020

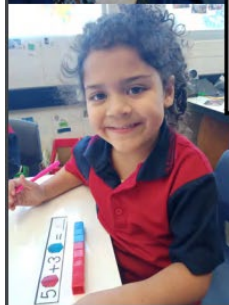
In Term 4, on Tuesday the 20th October, Alexandria Park Community School is holding a dress up day to celebrate Book Week and raise money for the Indigenous Literacy foundation!

K-6 Students are encouraged to bring in a gold coin and dress up

as their favourite book character. There will not be a parade, however the SRC will be on the lookout for the best dressed class and there are prizes to be won!

The Indigenous Literacy Foundation are a national book industry charity, which aims to reduce the disadvantage experienced by children in remote Indigenous communities across Australia, by lifting literacy levels and instilling a lifelong love of reading.





Alexandria Park Community School

KINDERGARTEN 2021

Zoom Parent Information Evening

Tuesday 27th October 2020

5pm-6pm

Information on how to join the Zoom session will be posted on our school website.

Term 4 Orientation visits to be confirmed pending updates to COVID restrictions

Phone: 02 9698 1967
 Email: alexparkcs-c.school@det.nsw.edu.au
 Web: <http://alexparkcs-c.schools.nsw.gov.au/>



KINDERGARTEN 2021 ENROLMENTS

If you have a child ready to start kindergarten at APCS in 2021, please finalise your enrolment as soon as possible so that our teachers can start preparing for next year. If you have not received an enrolment pack, please phone Joasia Gajda on 9698 1967, or you can download an enrolment form from our Kindergarten 2021 webpage which can be found here: https://alexparkcs-c.schools.nsw.gov.au/about-our-school/kindergarten_2021_enrolment.html

SCHOOL READINESS PROGRAM

The School Readiness Program for Kindergarten 2021 children commenced at the start of Term 3. It was running on Wednesdays from 9.30am to 10.30am in the primary school hall for the first 4 weeks of term until updated COVID advice from the Department of Education ceased all transition to school activities until further notice. Teachers, Mrs Davies and Ms Humphreys, were happy to have met so many of the Kinder 2021 children and are planning to put together some videos about starting school that can be viewed online by the children. All the children who attended the School Readiness Program in the first month also got their eyes tested by a

NSW Health Orthoptist, Sue Topham. Jo Fletcher in the Community Centre is currently putting together a Transition to School activity pack for the participating families to collect from the school before the end of the term. We all look forward to continuing the School Readiness program once we get the go ahead from the Department of Education to restart transition activities. Until then please keep checking the school website for any updates.



EARLY STAGE 1(KINDERGARTEN) NEWS

Get Active with Kindergarten!

Kindergarten students love being active with their learning. We are always growing and developing new skills. Kindergarten participated in weekly physical movement activities and outdoor learning.



STAGE 1 (YEAR 1&2 NEWS)

During Education Week, students participated in a state-wide virtual film festival made by students from a range of NSW schools. They were thoroughly entertained by the films and enjoyed participating in voting for their favourite one. Teachers are making great progress with the move to the new building. Students are noticing some changes to the classrooms as teachers are starting to pack. Students are full of questions and are

excited about the move. Class teachers regularly have discussions about moving and make time to check in with students' wellbeing to ensure a smooth transition. Thank you to parents for being flexible and understanding about the new pick up arrangements to keep everyone COVID safe. We are continuing to



practise good hygiene by washing our hands regularly throughout the day and using hand sanitiser.

STAGE 2 (YEAR 3&4) NEWS

Stage 2 students took part in a Science Incursion to finish off our Earth and Space unit. We collaborated in groups to create an accurate model of the planets in the solar system, showing the relative size of all the planets! We made craters by dropping rocks of different shapes at different angles and we designed a model rover that could travel over different planets!

We participated in an activity that modelled the effect of a large mass on space-time, and how this leads to gravitational forces. One of our favourite activities was using a chemical reaction to launch a rocket! To finish off our incursion, we got to see the effect of a vacuum on matter using a marshmallow that expanded! It was a great way to finish off our science unit and introduce science week.



STAGE 3 (YEAR 5&6) NEWS

The Stage 3 Premier's Debate Team participated in their first round debate on Zoom. The topic was 'All primary school kids should learn from home one day a week'. It was an educational experience for both teams and we can't wait for round 2.

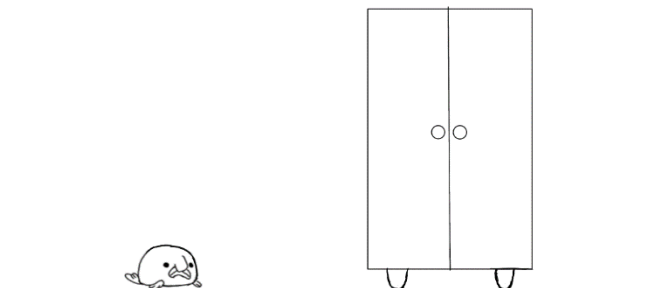
"FILM BY "60 " Film By" has been great, as students that may get nervous in front of the class doing performances live can have another opportunity to act. We are also practicing our technological skills and we can make films about things that are close to heart and we can try deliver our films with passion. Doug 60 "Film By" is good because it makes us feel like we're starring in a movie. It has been fun because we have worked together to create a movie on a topic that interests us. We have written, filmed and edited our films. It helps with team work and brings our ideas together. Ivy and Gloria



PRIMARY MUSIC NEWS

Students are studying Program Music this term and have been composing their own music to represent different natural phenomena. The results have been creative and surprising, with many groups using unexpected sound sources to create their compositions.

In stage 3, students were given an animal from 'The Aquarium' such as a seahorse or jellyfish and



composed based on the features of that animal.

In stage 2, students composed music to represent a weather pattern such as snow, rain or thunder.



PRIMARY ATHLETICS CARNIVAL

It was a wonderful day at Erskineville Oval, with students participating in year-group track and field events. Students and teachers kept spirits high, cheering on each other whilst staying safe. We are so proud and happy that we could hold this slightly different version of our sports carnival this year.





CHANGES TO APCS BAND Thank you to all parents and carers for their flexibility in adapting to new COVID Safe measures for school band. This may be the last photo of Senior Band for a while, but hopefully not too long!

LIBRARY NEWS

1. APCS library participates in NSW Premier's Reading Challenge (PRC). PRC books are read to K-2 students during library lessons. Yr3-10 students are expected to read for themselves. APCS students should access PRC website via DoE student portal imaged below.



<https://products.schools.nsw.edu.au/prc/home.html>

All student reading records must be entered online via the above website by Friday (28/8/2020). Library teachers will complete online reading records for K-2 students. Parents please help Yr3-10 students complete their online reading records at home. Ms Young (APCS teacher-librarian) will validate all students' records on 1/9/2020.



Premier's
Reading
Challenge

2. APCS library (**Yakka Taka**) is taking up subscription to Britannica School K- 12. It is an online reference material which can be used as a set of encyclopaedias. Britannica uses Australian English accent & its articles are in levelled paragraphs that support guided reading programs. Britannica consists of reference & citation tools and enables users to compare maps of different countries via Google earth. Students & parents will soon be able to access this wonderful resource from library OLIVER system via DoE student portal.

3. APCS library (**Yakka Taka**) will also adapt ePlatform offered by Wheelers in Term 4 to build up an eBooks & audio books collection. This collection will compliment APCS existing library collection & further support our existing literacy programs. Access notice will be provided next term when the ePlatform is set up completely.

4. We host issue 5 Scholastic book club currently. Ordered items will arrive back at school in week 6. This is our final book club order for current term prior to APCS big move. We also have 3 unclaimed items from issue 2 book club orders back in Term 1. If you believe those belong to you, please let the school librarian know the titles of your order.



HIGH SCHOOL NEWS

DEPUTY PRINCIPAL REPORT

Year 8 and Year 10 Subject Selection

Due to COVID-19 we made changes to the way we have done Subject Selection this year. Teachers have been busily making videos about their subjects on offer and it has been wonderful to see our Year 8 and 10 students engaging with the online process.

Year 10 students will have their interviews with the Head Teachers this week regarding their subjects to ensure they are in line with their future plans. For Year 10 students who are considering studying TAFE delivered VET courses or NSW School of Languages options please see Ms Betar to collect your application form and discuss the process.

HSC Trial Exams

Congratulations to all our Year 12 students who have completed their Trial HSC Exams. The teachers have been very impressed with our students' diligent approach to these exams. This is to the students' credit, and we are very proud of them. The rest of the school have gone on with their daily routines alongside these exams, and I am also appreciative of the cooperation they have shown towards their senior schoolmates by keeping noise to a minimum. Students have now returned to their normal classes to complete important work to facilitate the finalisation of their HSC courses.

As you are aware, new guidelines have been released for schools in an effort to curb increased community transmission of COVID-19. These guidelines mean that many of the traditional events associated with Year 12 graduation need to look different, or if necessary be completely changed. Once our plans are finalised Year 12 students and parents will be notified of how these end of year events will take place. We will do everything we can to make sure your end of Year 12 is special and memorable.

Wear It Purple

At APCS we recognise Wear It Purple Day. During Tuesday Programs students had the choice of attending a workshop to find out more about Wear It Purple or a Positive Behaviour for Learning Lesson on Celebrating the Diversity in our school. The students and teachers enjoyed the lessons and gave some wonderful feedback. There have been other activities throughout the week such as rainbow crafts during lunch, chalk messages and students and teachers wearing their best purple and rainbow outfits.





Year 12 Hospitality Café

The Year 12 students along with the expertise of Ms Mishra and Ms Povey served the most delicious breakfast, lunch and afternoon tea from their pop-up café. I started the day with restaurant quality scrambled eggs and then had a delicious chicken wrap for lunch. The students were incredibly professional cooking and delivering their delicious food and drinks.

Important information for Year 12 students from NSW Health

Protecting Year 12 students from COVID-19

Year 12 students will now have their COVID-19 test result fast tracked through pathology. They simply need to advise the nurse or doctor doing the test they are HSC students.



Results will be fast tracked to reduce disruption to their studies and exams. We also want to reduce potential anxiety around getting tested and ensure students self-isolate at home until results are known. This will help protect the whole community.

It is important that all Year 12 students:

- Stay 1.5m apart where possible
- Wear a mask if physical distancing isn't possible
- Get tested asap if they have even the mildest of symptoms
- Tell the clinician doing the test they are a Year 12 student and to mark the referral 'Urgent - HSC student'
- Stay home and self-isolate until results are known
- Receive a negative test result before returning to school; showing the school a screenshot of an SMS result is sufficient
- Call the contact number provided by the clinic if results are not received within 36 hours

As social young adults, senior students may be at greater risk of COVID-19 than the younger children at school. They're also more likely to be out and about in situations which could put them at risk of COVID-19 if they don't stay vigilant.

Find the nearest testing clinic at: www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics

ENGLISH/Languages Other Than English/Creative and Performing Arts

English

Years 7 and 10 are both studying Shakespeare. Year 7 are 'Shaking up Shakespeare' by learning about the bard himself, the language he used, and doing mini studies of Hamlet, The Twelfth Night, and Julius Caesar. Year 10 are studying Macbeth. Below are some photos of 10L acting out some key scenes from Macbeth, and a photo of 7X competing in a Shakespearean insult battle. Our judges, Ben, Joseph and Nourdeen had to make some hard choices, but eventually declared Ayush the winner!

Year 7 English

This term year 7 have been 'Shaking up Shakespeare' big time through exploring Shakespeare's life and times and three of his best loved plays – Twelfth Night, Julius Caesar and Hamlet. Students are enjoying a range of activities from iambic pentameter and sonnets to research, to Kahoots and Education Perfect (EP) online activities, to performance – including some Shakespearean rap and hip hop.



7A/L have a fortnightly 'awards ceremony' for class work submission which is a fun and eventful finale to each fortnight. Later in the term they are going to be donning togas and performing an abridged version of Julius Caesar and some select students are going to perform some Shakespearean raps.

Year 8 English

In Year 8 English this term we are studying the film Inside Out. Our study focuses on the English Textual Concepts of point of view and perspective. Students have studied these textual concepts, reviewed film techniques and created their own narrative arc as part of their viewing of the film.

Students have also been developing their introduction writing as an important step of essay writing. This builds on our previous focus on PEEL paragraph structure. Here are some examples of the introductions students have written so far:

Inside Out is a children's film aimed at delving into emotions and fantastical mechanisms that control the brain. One of the main characters, Sadness stimulates a range of different emotions for the audience that are altered throughout the film by her character's complexity. Some of her actions result in hatred directed towards her, while others result in frustration or empathy, however, she is not purely directed by negative emotions, as shown in Riley's mother's mind. Marley (8X)

Inside Out is about a little girl named Riley who goes through a lot of changes throughout the movie. Riley's emotions are people who help her react to many situations she goes through until one day she couldn't feel anything at all. Joy is a controlling character who believes that she needs to always be in control, orders others around and forces herself onto Riley. AJ (8L)

Inside Out is a children's film that explores the idea of emotions inside our minds. Sadness, one of the main characters, is a very important, but complex character. Sadness creates a variety of emotional responses to the audience. Some of these responses include hatred, frustration and sympathy. Raisha (8X)

VISUAL ARTS

In Visual Arts, our creative young people have been busy producing some stunning work!

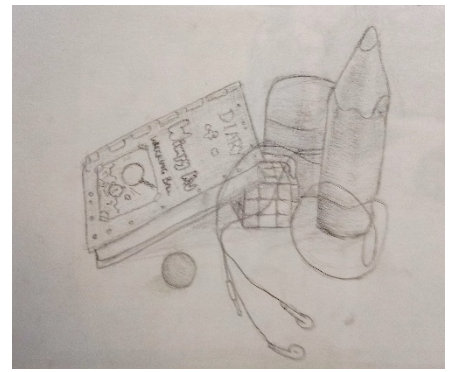
Year 7 spent Semester 1 growing their skills in drawing and created some wonderful still life drawings of objects that tell stories about their lives. This semester, they are moving on to painting!



Winston – 7L



Devon – 7A



Yu Man – 7x

Meanwhile, Years 8 and 9 have been learning about Surrealism. Year 8 are working on finalising digital collages that represent the strange experiences we have all lived through due to COVID-19, and Year 9 have been investigating how to unsettle their audiences with paintings, drawings and collages that explore the ‘uncanny.’

Year 10 learned about portraiture during Term 2, and created some impressive portraits of individuals they respect and admire.



Malila – 9L



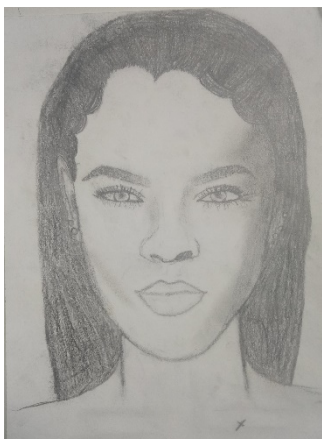
Jeremy – 9X



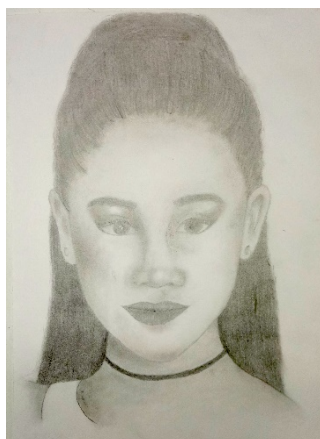
Trey – 9A



Sarah – 10X



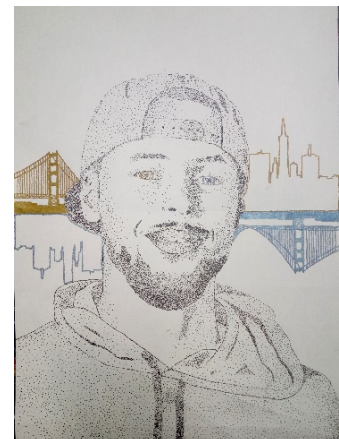
Sienna – 10X



Megan – 10A



Tanya – 10A

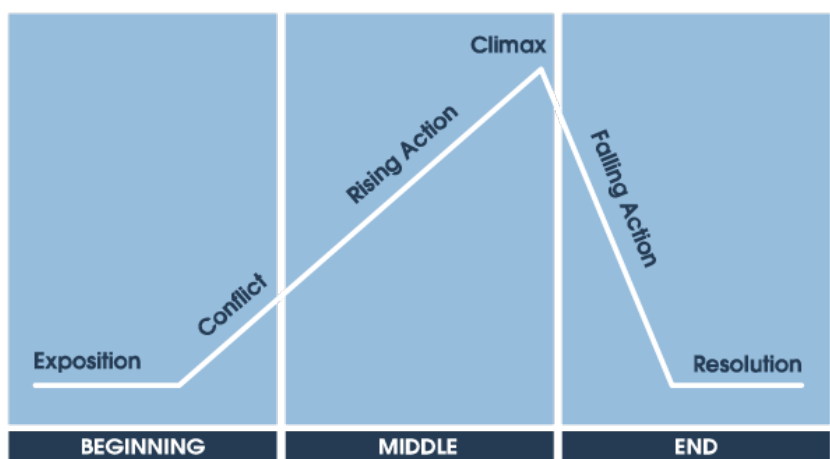


Lawrence – 10A

HIGH SCHOOL MUSIC NEWS

Year 7 students have begun to learn the guitar this term and are working to master a variety of chords and strumming patterns. To maintain a safe learning environment, students wipe down their guitars and chairs at the end of every lesson. The students completed an assessment of a group performance of 'My Island Home' just before new COVID-safe guidelines came into place.

These guidelines now ban singing in groups so students will focus on other performance areas for the remainder of the term. This restriction has also led to the cancellation of the year 7 vocal group and the primary school Sapphires.



HUMAN SOCIETY IN ITS ENVIRONMENT (HSIE)

Hello and welcome to the spring edition of the school newsletter, we are ecstatic at the idea that the next newsletter will be written from our new school.

The HSIE team consists of Ms Kadek Arya, Mr Cameron Craig, Ms Andrea Fatouros, Mr Adrian Johnson (Wednesday- Friday), Mr Stewart Okell, Ms Luo, Mr Nathan McEwan, Ms Maeve Thomson, Mr Waterworth and the Head Teacher Ms Thecla Siamas.

With the start of Term 3 Year 7-10 have completed their studies in history and have now started learning about geography. All students in HSIE have been issued with an updated assessment schedule that outlines the topics that are being studied and the timing of assessments.

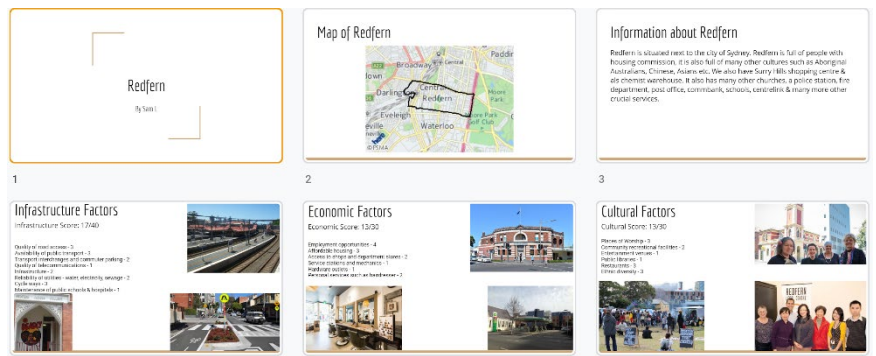
Year 7 are studying landscapes and landforms and water in the world, Year 8 are looking at place and liveability as well as interconnections, Year 9 are studying the world's biomes and megacities whilst Year 10 are looking at the world's threatened environments and how they are managed. You can read a little more below.

Congratulations to the Class of 2020 on completing their HSC assessment and trial examinations. We are very proud of the perseverance and grit you have shown in completing your HSC with a global pandemic going on.

Year 8 Geography

Year 8 has been studying 'Place and Liveability' this term and we have been looking at liveability in our own suburbs, they have created presentations to introduce our suburbs showing the different factors that affect liveability.

Although we have not been able to do a tour of Alexandria due to COVID-19 restrictions, 8L has created a google earth project so we are able to go on a virtual tour of our surrounding suburb, to see cultural and economic factors of liveability in Alexandria as well as public infrastructure.

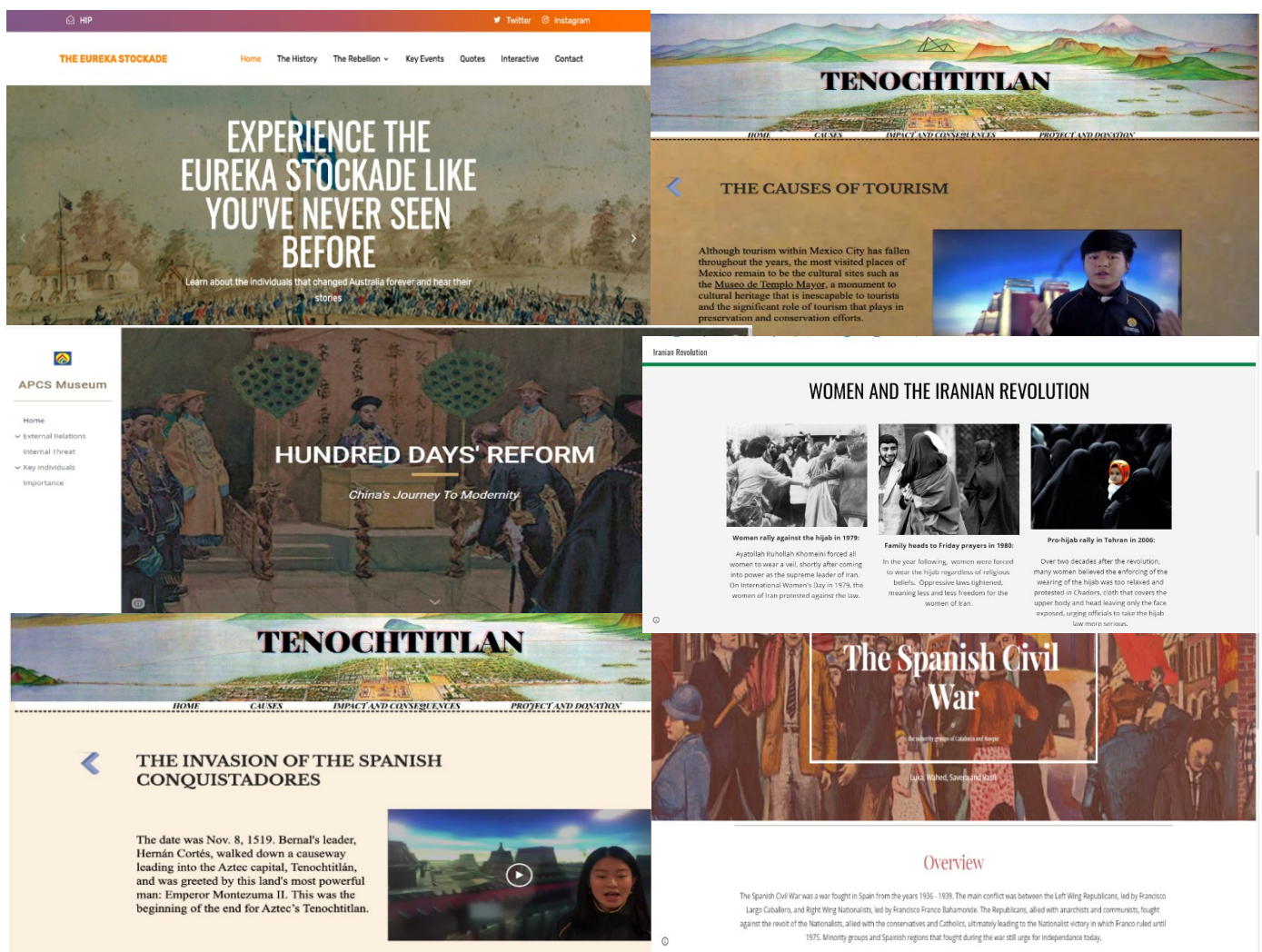


Year 9 Geography

The year 9 cohort has been helping each other through this year with care and thoughtfulness. This term they have been discussing the biomes of the world and their role in providing our planet with food and other products. This year group is environmentally aware and has been applying themselves to the task of formulating ideas for securing our food sources and protecting biomes like the Amazon Basin. This is particularly pertinent as we all consider how we can prepare ourselves for the future of this ever-changing world.

Year 11 Ancient and Modern History

In 2020 APCS hosted our 3rd Annual Night at the Museum. Year 11 Ancient and Modern history students curate a museum on a chosen theme, this year the theme was Revolutions. With covid-19 our Night at the Museum had to be changed significantly to a virtual activity. Students created outstanding and engaging websites on their chosen revolutions and shared them with peers. Here are some of the screenshots of the students' work.



MATHEMATICS

Students in years 7 to 10 this term have been busy with projects. Year 7 students are planning a vacation with family or friends and are creating a presentation to convince them to go on it. This involves them in

researching and creating itineraries, managing time and money, tallying up expenses including food costs. Year 8 students are designing a house or apartment. They are creating accurate 2D plan floor plans and a 3D model using Google SketchUp. With a set budget they are also considering the purchase of property and the painting and furnishing of the house. The final part of the task is to design a Real Estate advertisement that would entice people to rent the property. Year 9 students are completing a combined Well Being project with PDHPE. Students gather the data in PDHPE while in mathematics they display and analyse the data and make conclusions. Year 10 students will be investigating and analysing the use of statistics in a number of areas such as sport and the environment.

Seventeen students sat for the Australian Mathematics Competition and are now keenly awaiting their results. Year 11 are nearing the end of their courses and are preparing for the final exams in week 8. In mathematics year 11 content is very important for the students not only because it is examinable at the HSC but more importantly it is essential for deep understanding of the year 12 content.

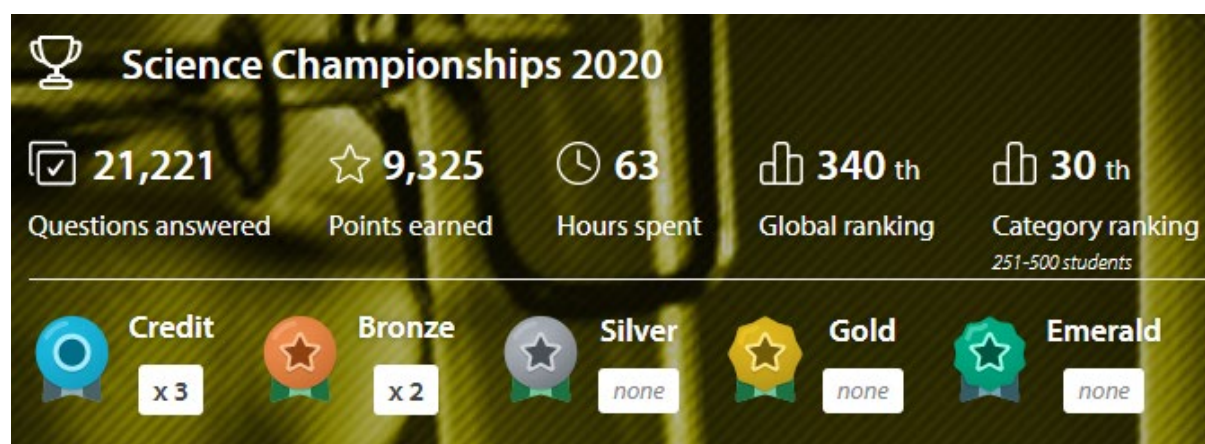
Year 12 students are now in full swing in their preparations for HSC exams in October. This has commenced with their study for trial exams. These exams are important in guiding their study for the HSC by identifying areas of strength and those areas still requiring further study and revision.

SCIENCE

Education Perfect science week results are in!

Science students have been powering through the online Education Perfect Science Championships 2020

Here is a snip of APCS results.



This means APCS students are ranked:

APCS rank	Numbers of competition schools
9 th NSW schools(250-500 students)	106
78 th NSW schools	403
20 th Australian schools(250-500 students)	301
212 th Australian schools	1,281
30 th global schools(250-500 students)	420
340 th global rank	1,874

Fantastic effort in our first year of the EP science championship. Well done to all who competed and the teachers who inspire APCS scientists!

Congratulations to Crystal Wu and Grace Williams, who scored credits and Danielle Kamara, Natalie Lee and Nanzeeba Khan who earned bronze awards.

FOOD TECHNOLOGY AND HOSPITALITY

Our new Year 7 Food technology class for this term completed their first practical task. They made scrambled eggs with tomato, bush spices and chives on toast. Well done Year 7 ☺

Year 11 Hospitality VET students this term have been making sauces like hollandaise sauce and Caesar salad dressing. Assessment task - Poached eggs on English muffin with hollandaise sauce and heat and serve task tropical smoothies and banana bread.



In week 3 Year 12 Hospitality VET class completed their Cluster D practical assessment task "CAFÉ CULTURE," running a café for the day serving staff and students and fulfilling orders for takeaway. Breakfast ranged from scrambled eggs, avocado smash, pancakes and breakfast smoothies.

Lunch - milkshakes, toasties, green Thai

chicken curry, vegetable curry, veg and chicken wraps.

Afternoon tea – Blueberry and Orange lemon myrtle Muffins and coffee to end the day.

All our students did so well on the day and appreciated the hospitality industry more.

Congratulations to Piya who received an award for Excellence in VET Hospitality!



Year 11 Design & Technology

Year 11 Design & Technology finished products for their educational soft toy project.

This involved designing, creating and sewing their product suitable for the 0-5 year old child market.

They compiled a folio to communicate their design and production process.

They are now designing a website to sell their toy.



Personal Development Health & Physical Education (PDHPE)

It's an active term for PDHPE students. Year 7 have been working on identifying health and skill related components of fitness. They have begun their fitness testing and will be using their results to inform their assessment about improving their scores in each test. Meanwhile Year 8 have been investigating the different types of mental health issues and illnesses that impact on an individuals' thoughts, perceptions, feelings and behaviours.

Students have been busy analysing support networks that help to support individuals suffering from mental health issues and propose strategies to assist individuals in overcoming barriers. The assessment task requires students to create a digital brochure on a mental health issue that aims to heighten awareness and support individuals who may be suffering in their community.



Year 9 & 10 PDHPE Update



Year 9 have been exploring the four components of well-being: physical activity, sleep, screen time and mindfulness by



have been examining current physical activity levels of Australians and comparing this data to that of their own. Year 9 are also in the planning stages of "The Well-being Expo", which is to be held in week 9 of term and will give them the opportunity to showcase their hard work and teach other students of APCS about what they have learnt throughout the term. Year 10 have been assessing both their health related and skill related components of fitness. They have tested the various components through standardised tests that has allowed them to compare their outcomes against national standards. These results will form the basis of their assessment which will see them undertake a 3 week training program utilising the FITT principle in an attempt to gain improvements in their chosen area of need. Check out the images of them in action!

Fitness

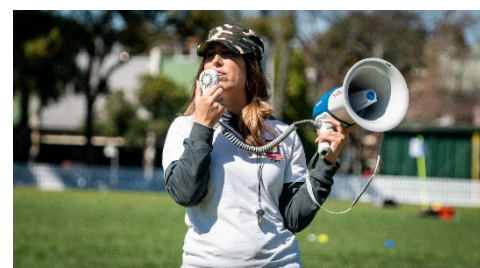
Yoga Thursdays! Learn new yoga poses and exercise to energise! All are welcome to come bend, stretch and play..wear your comfy clothes and come wiggle your toes with Ms Casale every Thursday morning at 7.15am sharp in warm room 1.



course all our students who took part on the day. The winning house was BANKSIA ! You can see some of the action shots from the day at the end of this newsletter.

HIGH SCHOOL ATHLETICS CARNIVAL

What a fantastic day was had at the 2020 APCS High School Athletics Carnival, held under blue skies at Erskineville Oval. Congratulations to Ms. Rossides for coordinating the day, the enthusiastic staff assisting and of



WELLBEING

Ms Maeve Thomson and her intern, Louise Nolan are sorting the positive comments written by students for teachers.

It's an initiative championed by Maeve to give students opportunity to tell their teachers how much they are appreciated.

Immunisation is on 22nd September for Year 7 and any Year 10 student who missed out in July.

Year 7 were immunised almost six months ago for both Human Papillomavirus and Diphtheria-Tetanus-Pertussis (whooping cough) vaccine. On 22nd September they will get their 2nd and final dose of Human Papillomavirus.

In July Year 10 received their immunisation against meningococcal ACWY and were all very brave.



Fast Track Update

Fast-track is a program designed to assist students catch up on the foundational literacy and numeracy skills needed to succeed in all subjects at school.

The literacy program has been focusing heavily on PEEL paragraph structure. This is a vital writing skill used across all subjects. Fast-track students are able to understand this structure in detail and get adequate support to master this vital skill.

Here are some student samples that demonstrate a highly developed understanding of cohesive PEEL paragraph writing:



In Libby Gleeson's *The Great Bear* one lesson is don't be afraid to stand up for yourself because you can see the bear escaping. At the start you see the bear sad, then it is happier at the end when it escapes. We know this because at the end the facial expressions of the bear are happy. The picture of the bear at the end is brighter, bigger and uses warm colours. Whereas at the beginning you could see him in a small cage, having stuff thrown at it. The pictures at the beginning are depressing and morbid. They are dark, using only black and white, the humans are moving around a lot and take up most of the page. The bear is a very small line drawing in the bottom left corner. The effect of this lesson on the audience is it tells them don't let someone else control your life, be in control. The audience is left wondering if they are like the bear, or if they treat someone like the bear. Kurt Wise Porter (7E)



Inside Out teaches the children that emotions can change all the time. For example, when a child is running around and having fun then he falls down and starts crying. Afterwards, when his mum came and hugged him and gave him a candy, the child stopped crying. The child's emotions can change quickly because it has a simple solution. Older people find it hard to change their emotions because they have bigger responsibilities. To illustrate this, imagine someone that does not have a job and now he cannot get money from anywhere, they would feel exhausted and think about everything such as how is he going to live. This problem and emotion needs a bigger solution; it cannot all be solved with a hug and candy like the child. Osama (8L)



The numeracy program has continued to focus on building students' proficiency and confidence in using some of the most commonly used numeracy skills, both at school and in the real-world. There has been a strong focus on multiplication skills and students have demonstrated significant improvement in using multiplication quickly and accurately. Aligning to supporting students within content learned in classrooms, particularly Mathematics, Year 7 students have focused on time and probability while Year 8 students have gained increased confidence in angles and rates and ratios. Students have enjoyed the practical application of numeracy skills. Year 8 students gained a rich understanding of ratios through a project-based task involving the ratio of different colours in a packet of Skittles and water to concentrate mixture in making cordial. Year 7 students enjoyed probability tasks in rolling dice and coins.

CAMP AUSTRALIA



Keeping Imagination Alive in Primary School Children

Children spend most of the day in classrooms, learning concepts and developing new skills. But if you wander past the school at lunchtime, you'll see them gallivanting through the playground kicking a ball or setting up a "shop" in the sandpit.

Children inherently want to roam and explore using their imagination, and we are keen to strengthen this practice at Outside School Hours Care by using play-based learning, which is used as a fantastic framework for kids to learn.

We make it a priority to "lighten up" as much possible, giving the kids a chance to tell us what activities they'd like to see in OSHC for the next week or month, rather than our team always setting the schedule. We think this approach not only enables them to think freely and imaginatively, it also sparks their curiosity to learn more.

Some of the other ways we encourage imagination in OSHC include:

- Avoiding screens and encouraging interaction between the children.
- Going outside to the playground to let the children lead games.
- Building spaces, like imaginary forts or cafes using the equipment in the OSHC space.
- Offering a box of LEGO, without any building instructions so the kids can create whatever they fancy.
- Putting out art and craft activities and supervising as the children create whatever they feel Like.

If you would like to see some of the activities that children participate in at OSHC, please feel free to drop by and meet our friendly team.

We look forward to seeing you and your family soon!

From the Team at Camp Australia



Dear Families,

At Camp Australia, we provide an engaging and supportive space for children to play, connect, learn and grow. If you haven't joined us for one of our OSHC sessions, now's the time to do it as we're offering all new families **your first session free in Term 3!**





