

Return to School Sport and Physical Activity- Term 2

Wednesday 20th May, 2020

To all students, parent and carers,

As Alexandria Park Community School is preparing to resume full time face-to-face learning from Monday the 25th of May, necessary procedures and measures will be put in place to continue to ensure the safety and wellbeing of all staff and students during sport and physical activity.

All sport or physical activity conducted will meet all recommendations listed by:

- The Australian Health Protection Principal Committee (AHPPC)
- NSW Health advice
- NSW Department of Education

As all students are expected to attend school (unless they are unwell), when participating in sport as is normal APCS procedure, student behaviour should be of the highest quality and students should participate with the knowledge that school sport is still a mandatory requirement for all students. Students are expected to stay away from school or be collected by a parent/carer should they become unwell during the day. ***Students should not be participating in sport if they are unwell.***

School sporting activities will recommence in stages. In this first stage schools can recommence activities where there is NO contact with others. This includes the exclusion of (but not limited to) contact sports such as:

- rugby league, touch football, and oz-tag
- football/soccer
- basketball
- netball

Furthermore, students will be organised into small groups where 'small-group sport and physical activities' can be conducted.

As the school has exclusive use of Alexandria Park during sport where contact with the general public is very limited, this space will continue to be utilised as our main sporting facility/venue, as well as spaces on school grounds.

For the remainder of term two or until such time as external provider restrictions are eased, all off-campus sport activities or sports delivered by external providers have been cancelled until further notice.

Day to day measures regarding hygiene and cleaning e.g. the availability and use of hand sanitiser and regular cleaning of surfaces, have been put in place throughout all school learning and social spaces. This is no exception to sporting spaces, equipment, and procedures.

Practising good hygiene

All Staff and students will be required to wash their hands prior to and at the conclusion of sport and physical activities. Hand sanitiser will also be provided at all sporting activities including PE classes, where students will be encouraged to hand sanitise at regular intervals as required. The following will be strictly advised and encouraged:

- Avoid shaking hands.
- No sharing of drink bottles or towels.
- Maintaining respiratory hygiene such as coughs or sneezes to be covered and tissues to be disposed of immediately. Always wash your hands after having coughed, sneezed or blown your nose.
- Discourage spitting or clearing of nasal or respiratory secretions at all times.

Implement cleaning protocols

PDHPE staff will oversee and maintain the cleaning of all sport and physical activity equipment (including shared equipment and clothing such as school sporting singlets and bibs) prior to and at the end of each physical activity session. Equipment that cannot be cleaned after each use will not be shared. All students will not be permitted to use or touch school sport equipment without staff authorisation and/or confirmation of sterilisation.

Gathering for sport

During week 5 students will gather for sport on the senior basketball court adhering to social distancing recommendations. Students will be placed into sport groups which they will remain in for the duration of the term. Each group will be assigned their sport teacher. Each group will then be assigned an alternative space around the school to gather and meet with their sport teacher for roll marking at the commencement of sport for weeks 6-10. This is to facilitate any unnecessary gathering of larger groups continuing to ensure safe and sensible measures in regards to social distancing and the possible spread of infection.

If you have any concerns or queries regarding the implementation of sport and physical activity at APCS, please do not hesitate to contact the school and speak to the Sport Coordinator- Miss C. Rossides.

During this time supporting students and staff remains APCS' highest priority. The situation is constantly being reviewed and updates will be provided when available. The PDHPE staff look forward to continuing to deliver quality sporting opportunities and programs, and seeing a safe return for all students and staff to face-to-face learning.

King Regards

C. Rossides

APCS Sport Coordinator