## Year 12 Kickstart

You are invited to a Welcome to Year 12 Day. The day will begin with motivation speaker, Rex Betar and then all students will participate in workshops that will prepare them for the year ahead and help the to be successful Year 12 students. Participation in the day is compulsory.

Location: Redfern Town Hall 73 Pitt St, Redfern

Date: Monday 14<sup>th</sup> October, 2019

Students will make their own way to the venue and they will be dismissed from the venue.

There is no cost to the students for this day. Lunch will be provided.

Teachers attending: Ms Kasz, Ms Betar, Mr Jun, Ms Hawkins

Program

9:00am Start Welcome

9:30 Motivational Speaker - Rex Betar

10:00 Goals, Medals, Missions - reflecting on Year 11 and preparing for Year 12

11:00 Morning tea

- 11:15 Headspace Talk
- 11:50 Mindfulness
- 12:10 Lunch
- 12:50 UAC and ATAR
- 1:45 Organisation, Study Skills and Tips for Success

2:50 Finish

Please return the slip below to Ms Hawkins on the day of the excursion.

My child \_\_\_\_\_\_ of Year 11 has permission to participate in the Year 12 Kickstart Day on Monday 14<sup>th</sup> October.

**Medical Information** 

My child does / does not suffer from any medical condition. (If so, please attach details of the medical management program which he/she follows)

My child does / does not suffer from an allergy. ( If so, give details of any allergies your child suffers)

Is there any other information we may need to be aware of that may impact on the activity being undertaken?

I understand that in the case of an emergency, staff will make contact with the ambulance service and/or hospital.

Name of Parent / caregiver: \_\_\_\_\_

Signature: \_\_\_\_\_

